



January Newsletter

2018

Dear SJCians, we hope you had a good start to 2018 in January. We would especially, like to welcome the Secondary Ones and their parents to the IJ community. As January draws to a close, we would like to feature highlights from the past two months, the release of the N and O Level results and the much loved annual level camps.

ACADEMIC ACHIEVEMENTS

Congratulations to the Class of 2017 for attaining significant value-added results at the N and O level examinations.

N-LEVEL RESULTS 2017

The following subjects had distinctions that were higher than those at national level: English, Mathematics, Science, Basic Chinese, Basic Malay, Basic Tamil and EBS.

The following subjects had distinctions that were higher than those at national level: English Language, Literature, Combined Humanities, Science (Chemistry/Biology), Mathematics and Additional Mathematics being higher than those at national level. The NA students all sat for Mother Tongue at O-levels.

Our Top Performing Normal Technical Students who are eligible for lateral transfer to Sec 4NA:

- Jeenaraj Kaur D/O Meharwan S
- Praveena D/O Dibaharan

Our Top Performing Normal Technical Students with at least 4 As:

- Eleanor Constance Lim Zi En
- Farah marshall D/O David M F
- Gayathri D/O Kavimannan
- Jeenaraj Kaur D/O Meharwan S
- Praveena D/O Dibaharan

Our Top Performing Normal (Academic) Students with at least 4 N-level Distinctions:

- Chia Lee Yee Carolyn
- Nadrah Zafirah Bte Muhammad Z
- Nikkol Sage Anwaralli
- Rebeira Mia Abigail
- Siaw Yu Jing
- Valerie Ang Pei Ting
- Amberly Tan Jia Li
- Delia Chua Feng Hui
- Jerrine Ng
- Konara Mudiyaneselage N N
- Rachel Leong Xiu Mei

O-LEVEL RESULTS 2017

Distinction rates for English Language, Combined Humanities, Mathematics, Additional Mathematics, Biology, Chemistry, Physics, Science (Physics/Chemistry), Science (Biology/Chemistry), Literature, Chinese, Malay and Tamil are higher than those at national level.

Our Express Students with 8 Distinctions:

- Emma Lee Jia Qi
- Rachel Ng Ler En
- Yashwini Sivakumar
- Suman Khalid
- Kazel Kiew Kai Qi

Our Express Students with 7 Distinctions:

- Sri Ganesh Babu Sri Vaishnavi
- Neeshaa Cheong Wen Jie
- Tan Tsung Chi Faith
- Renganathan Madhumitha
- Megan Michel
- Lim Rae Ning, Lauren

- Dendroff Sarah Faith
- Angelynn Joan Tan Xu Hui
- Nur Atikah Masturina Bte A J
- Amelia Hong Tze Qi

- Dhiyann Ong
- Lee Jing Yi Elizabeth
- Breanna Koh Su Hui

Our Express Students with 6 Distinctions:

- Jolene Lam Jia Wen
- Nicole Lisa Goh Li-Ann
- Vanessa Caeli Phoa Jia En
- Amanda Lim Shin Yi
- Lim Chien Hui
- Saravanan Swedha
- Chan Wen Nuo Natasha
- Devanshi Joshi
- Heng Wai Yee, Elia
- Sim Le Yee Beatrice
- Cherly Hoon Shu Zhen
- Joy Anna Ng Kai Li
- Rachel Poh Ying Ying
- Raine Lim Jia Ying

- Rachel Fong Rui Yuan
- Mohamed Ammar Hanlala Thasneem
- Supraja Naganathan
- Montalbo Dorothy Charisse C
- Shareen Kaur
- Shevin Teng Wan Xuan
- Lim Si Jing
- Koh Yu Xuan Tiffany
- Cheyanne Chong
- Jolene Png Ning
- Yeo Jia Xuan Nicole
- Huang Xinyi
- Tang Wen Xuan

Our Express Students with 5 Distinctions:

- Wong Ting Wen, Adelina
- Joelyn Carmen Chong
- Lin Shi Qi Angie
- Carmen Chan Ni
- Chua Tze Yee, Faith
- Khaw Ke Sin
- Teo Ya Yi Cheryl
- Olsen Vanna Elizabeth
- Sarah Anne Tan Sok Ngee
- Lim Yan Fang
- Sara Godwin Jegaraj

- Lemaine Lin Lok Mun
- Suhaila Bte Abdul Halim
- Vivian Tan Yu Xuan
- Megan Ong Min
- Tan Yi Lin, Whitney
- Melia Ang Yao Zi
- Xu Jia Ning
- Anthea Quek Li Yi
- Wee Wen Qian, Rynne
- Sabrina Wee Si Rui
- Claire Gabrielle Seebacher

Our Top Secondary 5 students with 2 or more Distinctions:

- Elizabeth Victoria Lim Jing S
- Poon Hui Qi, Cassandra
- Jananeswary D/O Satiah Kumar
- Han Xin Erh, Sharmaine
- Sharanya Thanabalan
- Jenson Ang Sin Yee
- Ashwini Prasad

Congratulations to the Class of 2017!

Our 2017 L1R5 for the 4Express is 14.4 and L1B4 for the 5N is 21.5. 97.5% and 84.9% of the 2017 Sec 4Express cohort qualified for Polytechnic and JC respectively. 74.4% and 7.69% of the Sec 5 cohort qualified for Polytechnic and JC respectively.

We would like to thank Parents and the PSG for their support.

2018 ORIENTATION

An SJC tradition is to welcome each new year with our annual orientation camps. Here are highlights!

CAMP SPIRITO, IJ FRIENDS ARE FRIENDS FOR LIFE, WELCOMING SECONDARY ONES TO THE IJ FAMILY

The success of Camp Spirito stems from the fact that it is run by student leaders and SJC teachers with the aid of alumni who return batch after batch to celebrate IJ memories of camaraderie.

Camp Spirito inducts the Secondary Ones into the IJ Family. The Secondary Ones learnt about the values of the IJ schools, and the challenges that our founders experienced in establishing these schools for the girls. Against this backdrop, they learnt further about the history of Singapore through the Singapore River Trail. Through this camp, our Secondary Ones heard from alumni, learnt more about the school, as well as the importance of time management and having a positive attitude. New ties with classmates were also forged through team-building challenges, together with the lessons of perseverance, communication and love.



Students learning about team work at one of the stations during Team Building games

During the Team Building Games, there were many games we had to complete in order to get the respective shields, so all of us had to work together despite the difficulty in communication. We all had to listen to one another's opinions so as to work together as a team to complete the given task and win the game. - Lim Yi Xin, 1F

The value that I learnt today was perseverance. It is more important to me as in secondary school there will be a lot more subjects to cope with. There would also be a lot of new subjects that will be taught, and sometimes the subjects are hard, so I must persevere on to complete secondary school life. - Charmaine Ng, 1C

The team building games taught me that team work is important to complete a task. I also learnt not to shout at friends that are literally pulling you down. You should also put others before you and you should not be afraid to ask for help. - Rhea Kaur Gurm, 1H

What I learnt from IJ history is that the beginning was difficult as there was little support from the small catholic community. However, the IJ sisters persevered with great determination and went about doing the work of educating children, helping the poor, nursing the sick. They also started a convent orphanage, a Home for abandoned babies and a school for girls. I must persevere when faced with challenges in daily life. This is how I can apply what I learnt about IJ History in my daily life. - Bedelia Koh, 1A



Even the light drizzle couldn't dampen the spirits of our girls during their Singapore River Trail.

I learnt about patience. The British told David Marshall that before he could get self-governance, he had to clean up Singapore. Although it took 10 years to clean up Singapore River, no one gave up, and today, Singapore is a huge tourist attraction and inspiration to many. This value is important because sometimes the solution to a problem may not be clear at first but if I am patient, there is a higher chance that I can find a solution. - Nirrthika, 1D

I found the Gate of Hope station the most meaningful in the IJ Trail because the nuns took care of the abandoned babies and showed love and compassion to the babies. They also showed perseverance even though there were a lot of babies and not enough space. They also took in babies from every race. In school, when I see someone who is left out and alone, I can go and make friends with them and show love and compassion, just like the nuns did to the babies. - Ariel Thexeira, 1G

The most meaningful station during the IJ Trail was the last station where our leaders shared with us how

the nuns showed their love and care towards the babies, with little resources and money. It teaches me how to be selfless, to be generous towards others. We should not hesitate to help other people even if they are of a different race or religion. - Skyler 1B



One of the stations during the IJ Trail – learning about communication and teamwork.

I found the station where we had to build a structure to hold a ping pong ball most meaningful. There was a quiz where we had to answer the questions correctly in order to get materials. The other team got an extra material (blue tack) as they managed to answer 2 of the 3 questions. Our team had some difficulties with the limited resources given to us. But the other team offered us some of their blue tack. We felt very thankful and grateful as they were kind to give it to us when they could have used it for themselves. - Liau Tsian Hsuan, 1E

During the Transition talk, we learned how to overcome challenges and also to take up new positions / leadership instead of refusing to take them up. Who knows? We might be a very important leader! We also learnt that we must always love ourselves. If bullies bullied you in school about your appearance, you simply can't change your appearance, but just ignore the bullies and carry on with your life. Overall, the Alumni talks were beneficial! - Fazeela Fathima, 1G

During the transition talk, I learnt how to manage my time and manage my stress. I got to know that stress and lack of sleep led to failure. I can spend one hour per homework to manage my homework and get good rest. I can put a simple timetable to manage my time. – Vinarita, 1A



“Save the Duck”, an activity facilitated by the alumni during the transition talk.



Exuberant Campers during the Finale as they united in song with The IJ Dream

I have learnt values such as perseverance, love and integrity. I should try my best in everything I do and never give up even though I feel like. I should cheer for my friends for motivation as that shows love. I should always abide by the rules and never cheat. Even if the truth hurts, I will be honest and tell the truth. - Panda Subhangi, 1D

CAMP CHALLENGE – PUSHING BOUNDARIES, EMERGING FROM COMFORT ZONES

The Secondary Two Level Camp challenged students to get out of their comfort zone to explore different careers so that they can use this knowledge to select suitable subjects during their streaming at the end of the year. During the three-day camp, Secondary Twos visited Singapore Zoo to gain knowledge of careers through behind-the-scenes tours and Kidzania to learn more about different careers in a stimulated environment. Through the STEM (Science, Technology, Engineering, Mathematics) workshop carried out by the UN Women Singapore Committee and the Social Work Careers Talk, our students learnt more about the STEM industry and possible careers related to Social Work.



Learning about the conservation work of the Singapore Zoo

I learnt from watching the show that we need to work together to reduce carbon footprints and that snakes are not hostile until provoked. By reducing our carbon footprints, we can try to reduce the possibility that animals will not become extinct. I enjoyed "The Rainforest Fights Back" show at the Singapore Zoo. The presenter was engaging and informative and was able to work closely with the animals to excite us.

- Toh Yi Yun Kimberly, 2G 2018



Students listening intently to veterinarians



Role-playing at Kidzania

Every career is inter-related. Everyone has a role to play. At Kidzania, I realised that it is not easy to land a job as there has to be an opening first. We have to be motivated to place ourselves out there in our quest for our ideal career. I am interested in being cabin crew as I like working with people.



Moreover, I would like to travel the world. – Kathryn Mendoza, 2C

Over at Kidzania, there are many interesting jobs to choose and learn from. I realise that sometimes, you do not get what you want as different jobs need different qualifications. I also realise that each and every career in society is important and we should respect different occupations. I might want to work in a milk laboratory or to be a surgeon. I think these jobs are interesting. I would consider being a surgeon as the job challenges me to work and think in order to make critical decisions. It also requires me to act fast to save lives. Working in a milk laboratory allows me to experiment with different ingredients and to use them to form great tasting milk. In order to pursue these careers, I have to be good in Science, English, Mathematics and Humanities. I should also be able to cope with stress, be patient, optimistic and to speak fluently and communicate effectively with others. - Lim Zhi An Ariel, 2D



Experimenting at the UN STEM Women Workshop

I have learnt that women are inventors of many things such as the bulletproof vest that is worn by the police officers. I find the kind of careers I can pursue in Science, Technology, Engineering and Mathematics meaningful and special. To pursue careers in these areas, I need to do well in Mathematics in school. - Zelia Tan Ling Rui, 2A

From the STEM Workshop, I learnt that women are able to do well in careers like computer science even though these careers tend to be more male dominated. For the Careers Talk, I learnt not to be judgemental towards others and that as a Social Worker, one can help to positively change a person's life. - Shannon Chai En Ling, 2H

CAMP METAMORPHOSIS, IN THE SERVICE OF OTHERS, IN THE FOOTSTEPS OF MOTHER MATHILDE

The 3-day 2 night camp, focused on service learning, was filled with intentional and meaningful activities to capture real life experiential learning for our Secondary Threes. Freed from the distractions of school and social media, but surrounded by close school mates and form teachers, students embarked on this journey to learn what it means to care meaningfully for others. Students were engaged in thoughtfully designed games that placed them in the shoes of the elderly or persons with special needs so that they could better understand the challenges of aging or having various forms of disabilities. The games and scheduled bonding time with Form Teachers also gave teachers and students many opportunities to strengthen teacher-student relationships within each class.



Sec 3F engaged in terrarium-making using recycled materials during FT Lovin' It.



Sec 3A enjoying craft work for photo-journaling during FT Lovin' It

The camp gave each class of students an opportunity to plan a one- and-a-half hour programme for the various elder care or special needs centres that they were assigned to. Teachers found it heartening to witness their most timid and quiet students step out of their comfort zones to make a difference in the lives of others and together as a class, deliver what they had set out to do. Of course, not all classes were able to carry out their programme exactly as they had planned, however, the lesson learnt was clear: it was the process, and not the programme, that was of value.

The service learning was an amazing experience. I learnt a lot like the different types of difficulties the elderly face. Even though not all things turned out the way we planned, we managed to make the service learning

a successful one. During preparation, there were many ups and downs but as a class we managed to pull through it together with the help of the teachers and instructors. Seeing the delighted faces of the elderly made this service learning a memorable and meaningful one. - Joann Maria, 3B

Our class went to Lions Befrienders Senior Activity Centre. There, we had a session of karaoke and games. I learnt that though the elderly may seem to be boring or bored, they are very energetic, fun, sporting and took part in all the activities enthusiastically. When we visited the centre, many of them were very sociable and shared their stories and experiences with us. Many of us took many lessons away from the stories, like, we learnt from an auntie that we should never give up and also the importance of being patient and supportive towards the elderly. - S Krithika, 3G



A mass level activity for teaching resilience



Art-making with the community

Service learning at the Christian Outreach to the Handicapped (Tampines) was meaningful. It was my first time serving those who are physically challenged. I grew as a person even though I spent only 1.5 hours there. I have a better understanding of those with multiple disabilities whom I have not interacted with previously. I am now more open-minded. I understand their needs better. One memory is the first time the class got to meet them. It was a warm-up and sing-a-long session filled with music and happiness. We encouraged the clients to clap along and some of them invited us and even the teachers to dance. Everyone enjoyed themselves. One important takeaway is that we should treat others in the same way we want to be treated. - Nur Ffirshah, 3E



Sec 3B singing for the elderly

During our Sec 3 Level Camp, we all learnt about Service Learning and how to reach out to the people in our community. We learnt that the greying population in our society is increasing and how we, as students can help the elderly and encourage them. We learnt these through activities such as walking with corn kernels in our shoes while having one leg tied to our partner. This activity helped me to understand some of the physical and emotional challenges of the elderly and how we should all support them. Such activities were very helpful when we carried out our service learning at the eldercare activity centre assigned to us. It was a really new experience for me and it taught me how to approach the elderly and show them care and respect. This camp also taught me values like love, a spirit of volunteerism and teamwork. I truly appreciate this opportunity given to all of us. - Princess Gladia, 3D

CAMP ASPIRATIONS, SHAPING POST-SECONDARY DREAMS



Building Resilience,
Confronting challenges
Through Rock-Climbing

Sec 4 level camp 2018 was organized to prepare students mentally and collaboratively for the journey towards the N and O Levels. Using the authentic experience of rock-climbing as a metaphor for the journey that candidates will take towards attaining their academic goals at the national examinations, all classes had a chance to experience the excitement as well as the trepidation of rock-climbing. As some of their teachers climbed with them, especially those who had not ever tried rock-climbing before, students were visibly touched that their teachers were there to experience the challenge with them and this deepened the student-teacher bond. As a student observed, *"Climbing up is like how we reach towards our N levels, not to give up."* (Siti Natasha, 4A)

Following that, students had a chance to visit the Supreme Court where they learnt about Singapore's judicial system and had a chance to sit in a courtroom that was not in session. Students witnessed a simulated court hearing to listen to stories about the history of our judiciary system and to understand the importance of upholding a fair and just system in the development of a country.

The camp ended with students exploring personal branding with their teachers, and visiting the various polytechnic open houses where they had a chance to interact with polytechnic students from the different academic programmes, PFP, DPP and post-O-levels, to understand the different opportunities available to them via the polytechnic routes. They learnt about internships, holistic leadership programmes and career development chances available to polytechnic students. At the different polytechnics, students had a chance to reunite with their SJC seniors who were amongst the guides who brought them all around the different campuses.



Secondary 4NT students had the additional opportunity of staying overnight at the Fairmont after a day of observing the professional work of staff-members from the housekeeping, food and beverage, marketing and front of house service desks. They shared that while *"individuals contribute to the building of a successful story, just like how the chambermaid, managers and restaurant chefs have a role to play in creating a beautiful hotel stay for the guest, the success of a class is dependent on the individuals in the class too."* (Class of 4A).



Students getting insights from the Dining in the Dark guides

how their lives could be so different in the future as they saw for themselves how the exhibit featured how technology has altered our notions of what constitutes reality.

During the post-activity debrief sessions with form teachers, Secondary Fours shared that the workshops made them “*understand the right attitude I should have in order to achieve my goals*”, “*how personal branding could set us differently from others and become our selling point*”. (Class 4D)



As a follow-up to the Sec 4 and 5 level camp, the upper secondary Parent-Teacher Meeting on Friday, 2 February, 7 to 9pm, will feature talks by speakers from NUS, SMU, our affiliated JC, Catholic Junior College, Nanyang Polytechnic, and ITE (Central), alongside talks by our various department Heads (Mathematics, Science, Humanities).