



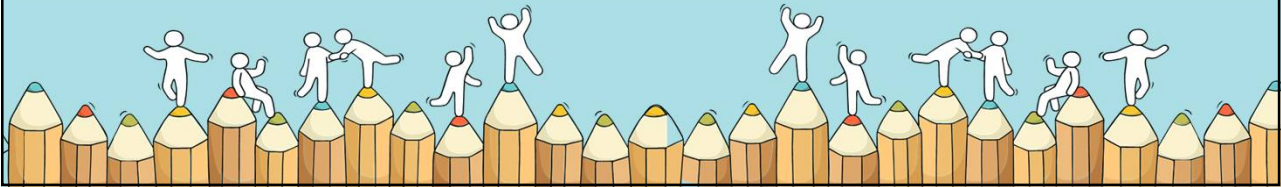
1



2

Admission Exercises

Things to note



3

Key Dates for Jan 2024 **JAE** Intake Exercise

Key Activity	Date/Period	Remarks
Application – JAE-IS	11 Jan (4.00pm) to 16 Jan (4.00pm)	Apply through the Internet at https://www.moe.gov.sg/jae using SingPass. You are strongly encouraged to use the JAE worksheet (www.moe.gov.sg/jaeworksheet) before submitting your online application
Release of Results	1 Feb	Via: (a) Short Message Service (SMS) to the Singapore mobile phone number provided by the applicant during registration, (b) JAE-IS, which is accessible through the JAE website
If posted to JC/ MI	2 Feb	Must report to the JC or MI on Friday, 2 Feb. Contact your posted school if you are unable to report on the first day, to confirm that you are taking up the place.
If posted to polytechnic/ ITE	After posting results	Applicants posted to polytechnics/ ITE will receive an email/ package via mail on the enrolment details, by end-Feb.

4

4

Direct School Admission (DSA) – JCs; Early Admissions Exercise (EAE) – Polytechnics

- Students who had accepted offers through the 2023 Direct School Admission Junior Colleges (**DSA-JC**) will be admitted to their chosen JC if they have met the eligibility criteria for admission based on their GCE O-Level examination results. Students admitted to a JC through DSA-JC will not be eligible to participate in the JAE.
- Students who do not meet the JC admission criteria may take part in the JAE to apply for other courses which they are eligible for.
- Students who had earlier accepted conditional offers to a polytechnic course through the Polytechnic Early Admissions Exercise (**EAE**) in 2023 will have their offers confirmed and will not be eligible to participate in the JAE, if they meet the following criteria:
 - a. A net ELR2B2 score of 26 points or lower for the GCE O-Level examinations; and
 - b. Minimum Entry Requirements for the respective polytechnic courses.

Students who do not meet the above criteria may still apply for polytechnic admission via the JAE for courses which they are eligible for.

5

5

For more information...

Applicants can find more information on the following MOE websites:

- **JAE website** for more details on the JAE (www.moe.gov.sg/jae)
- **SchoolFinder** for details of the offerings by and previous entry score ranges for JCs and MI (www.moe.gov.sg/schoolfinder)
- **CourseFinder** for courses offered by the polytechnics and ITE, based on aggregate type and area of interest (www.moe.gov.sg/coursefinder)

6

6



Charting Our Way Forward

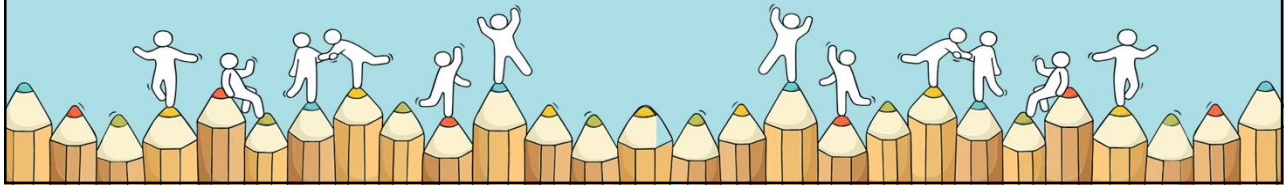


7

<h2>Thinking About Your Next Step</h2>  <h3>Use 3 Key ECG Questions To Help You Get Started</h3>	<hr/> <h2>Who am I?</h2> <p>The more I know about myself, the better my decisions.</p> <hr/> <h2>Where do I want to go?</h2> <p>There are many pathways with opportunities for continuous learning and recognition.</p> <hr/> <h2>How do I get there?</h2> <p>Be resilient, explore various pathways and be open to possibilities.</p>
---	--

8

Post-Secondary Options



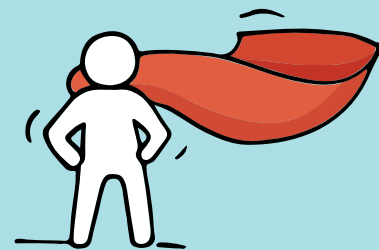
9

Think Opportunities

As you await your GCE O-Level results, there are some possibilities:

- You are happy that your results meet your expectations,
- You are overjoyed that your results exceed your expectations, or
- You are worried/upset because your results fall short of your expectations.

Many pathways and opportunities!



Remember that **everyone's learning journey is different** but **we can each have a fulfilling outcome!**

10

No matter the circumstances, there is always a way forward.

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the O-Level is just one part of your life journey and not the destination.

Do

- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision based on your options and take action.

When you receive your results, you may feel overwhelmed by emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

11


Having difficult emotions during a stressful and uncertain period is normal.

Keep a lookout for some of these signs in your peers or yourself.

D
I
S
T
R
E
S
S

- D** Deliberately avoiding others
- I** Increased irritability, restlessness, agitation, stress and anxiety
- S** Sending or posting moody messages on social media
- T** Talking about death or dying
- R** Reacting differently or gradually losing interest in things they used to like
- E** Eating more than usual or having a much reduced appetite
- S** Sleep pattern changes with difficulty falling asleep or oversleeping
- S** Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your school counsellor or teacher**
Or contact SOS 24-hour hotline at **1800-221-4444**



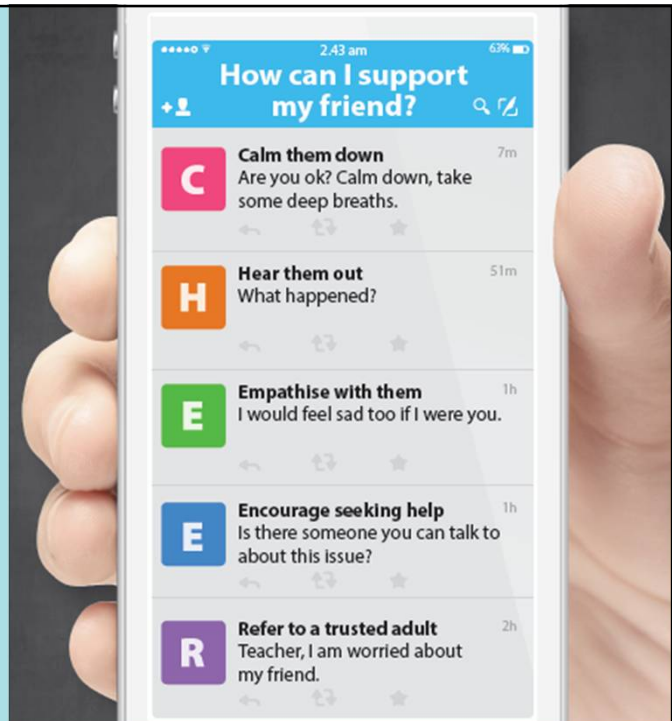
© 2020 Guidance Branch, Student Development Curriculum Division (SDCD), Ministry of Education, Singapore. No part of this final product may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording or any other information storage and retrieval system, without written permission from SDCC, MOE.

12

Supporting Your Friend

We may each experience different emotions upon receiving the results.

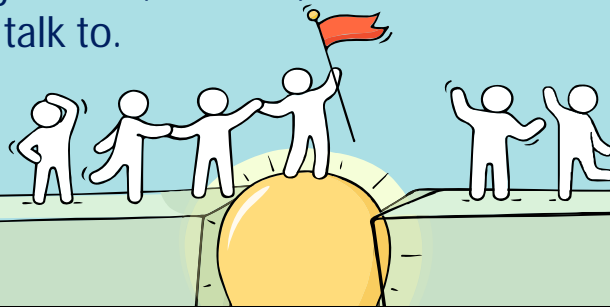
You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



13

Reaching out for help is a sign of strength, not weakness.

If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent/guardian, teacher, School Counsellor or a friend that you can talk to.



14

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms. Scan the QR code below for a helpful resource.



SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.
 Call: **1767** (24-hour helpline) Whatsapp: **9151 1767** (24-hour Care Text)

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:
 Visit: **CHAT Hub at *SCAPE, #05-05**
 Call: **6493 6500/ 6501**
 Email: **CHAT@mentalhealth.sg**

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and well-being. Find out more at:
www.mindline.sg



TOUCHline is a helpline to provide youths with emotional support and practical advice.
 Call: **1800-377 2252**
 Monday- Friday (Excluding Public Holidays): 9am – 6pm

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at:
<https://carey.carecorner.org.sg/>

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.
 Chat with a counsellor at:
www.ec2.sg
 Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

15

Support is readily available for you.

Reach out to an ECG Counsellor!

Who can we go to for ECG advice?



Make an appointment to speak with your ECG Counsellor in school.

OR

Make an ECG counselling appointment via the ECG Centre @ MOE (Grange Road) at
<https://go.gov.sg/moe-ecg-centre>



16

Support from ECG Counsellor

- ECG Counsellor Ms Pan is available for Zoom and in-person consultations on **12 Jan**.
- Book an appointment through the appointment link on the right or email (pan_miaohua@schools.gov.sg).
- Please wear your **school uniform** if you are coming back to school for your appointment.



<https://go.gov.sg/sjcecg>

17

Resources to help you make informed decisions



MySkillsFuture Student Portal

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices.

Use the information and tools to explore various education and career pathways and take charge of your future.

Where can we find more information?

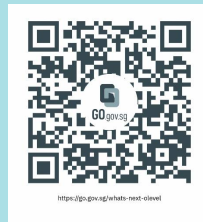
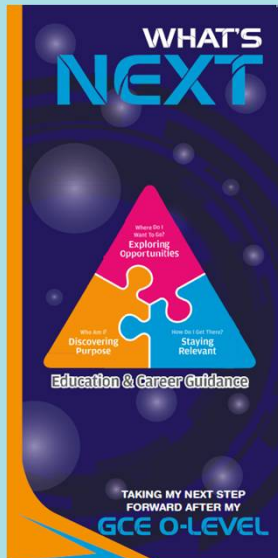


<https://go.gov.sg/mySFsec>



18

Resources to help you make informed decisions



<https://go.gov.sg/whats-next-olevel>



19

Resources to help you make informed decisions

Information on Post-Secondary Education

Learn more about the admissions exercises and programmes



<https://moe.gov.sg/post-secondary/admissions>

Learn more about the post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

20

Resources to help you make informed decisions

Explore different jobs and industries with **On My Way (OMW)**. Find out if your career goal and educational pathway match your interests, values and ambitions. <https://www.nyc.gov.sg/omw/home>



KNOW IT ALL provides consolidated information about different jobs and industries - key responsibilities, skills, career paths and more!



DAY IN THE LIFE takes you into the lives of different professionals and give you a glimpse of their jobs and what it entails through the medium of videos.



TASTER PROGRAMMES are micro-experiences of different job roles that allow you to get a taste of working life and help you decide what to study to achieve your career aspirations!

