



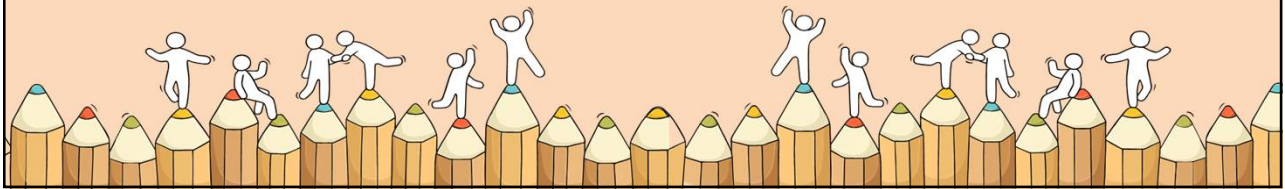
1



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Admission Exercises

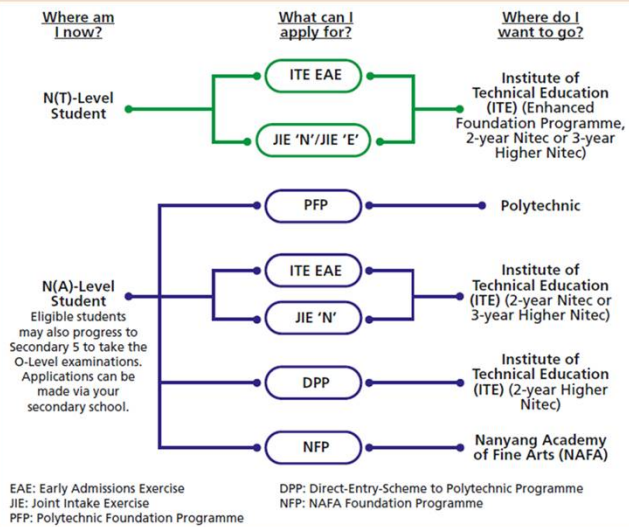
Things to note



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Admissions Exercises for N-Level Students



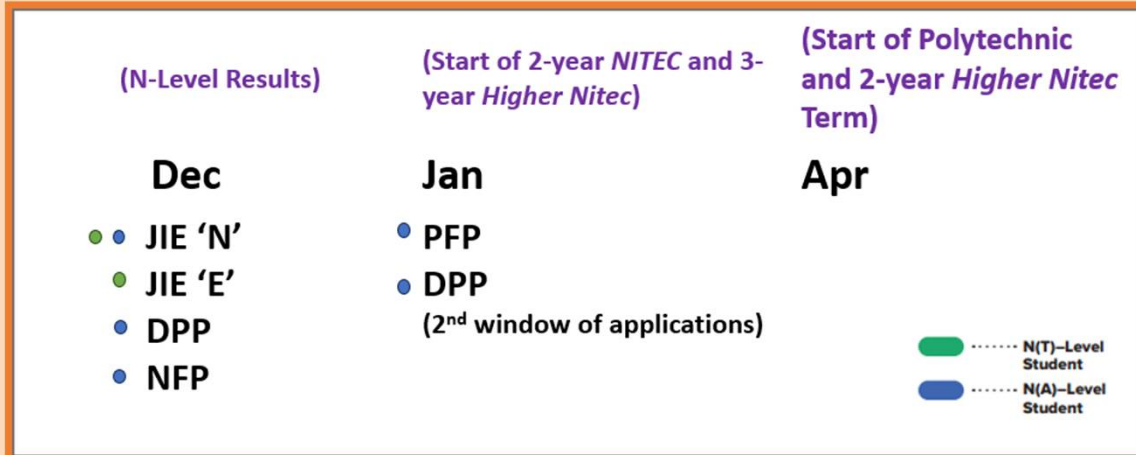
<https://www.moe.gov.sg/post-secondary/admissions>



Source: A Guide to Post-Secondary Admissions Exercises

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Admissions Exercises Application Timeline



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Details of Admission Exercises (1)

JIE 'N'/JIE 'E' – Joint Intake Exercise

The JIE 'N' is for 2-year *Nitec* or 3-year *Higher Nitec* courses offered by ITE.

The JIE 'E' is for GCE N(T) students to apply for the 3-year *Nitec* course with Enhanced *Nitec* Foundation Programme.



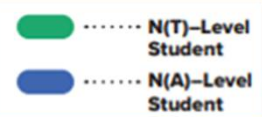
go.gov.sg/applyjie

PFP – Polytechnic Foundation Programme

PFP is a one-year programme that offers a practice-oriented curriculum taught by polytechnic lecturers to better prepare polytechnic-bound Secondary 4 N(A) students for entry into selected polytechnic diploma courses. PFP students are given provisional places in diploma programmes, subject to them passing all modules in the one-year programme.



go.gov.sg/pfp



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Details of Admission Exercises (2)

DPP – Direct-Entry-Scheme to Polytechnic Programme

DPP allows Secondary 4N(A) students to be admitted directly into selected 2-year *Higher Nitec* programmes at ITE without having to sit for the O-Level examinations or undergo a *Nitec* programme. DPP students who successfully complete their *Higher Nitec* courses at ITE and attain the required qualifying Grade Point Average (GPA) scores are guaranteed a place in a polytechnic diploma course mapped to their *Higher Nitec* course.



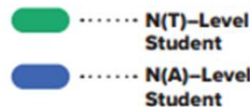
go.gov.sg/applydpp

NFP – NAFA Foundation Programme

NFP is a one-year practice-based programme that prepares N(A)-Level holders to pursue a diploma in the creative arts. NFP students who successfully complete the programme will be offered a place in their chosen diploma course at NAFA.



go.gov.sg/nafa-applynow



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Key Dates for Jan 2024 Intake Exercise

Key Activity	Period	Remarks
Application for ITE courses		
Application	Monday, 18 Dec 2023 (2.30pm) to Thursday, 21 Dec 2023 (5pm) [Friday, 22 Dec 2023 (2pm) – interview details for courses offered under Aptitude-Based Admissions]	Apply through the ITE application portal https://www.ite.edu.sg/apply-for-ITE-courses
Release of Results	Friday, 29 Dec 2023 at 9am	Check results at https://www.ite.edu.sg/apply-for-ITE-courses
Acceptance of Offers	Friday, 29 Dec 2023 to Wednesday, 3 Jan 2024	Accept course offer at https://www.ite.edu.sg/apply-for-ITE-courses
Application for DPP		
Application	Monday, 18 Dec 2023 (2.30pm) to Thursday, 21 Dec 2023 (5pm)	School candidates eligible for the DPP will receive a copy of Form N. Apply through https://www.ite.edu.sg/apply-for-ITE-courses
Release of Results	Friday, 22 Dec 2023 (2pm)	Check results at https://www.ite.edu.sg/apply-for-ITE-courses
Acceptance of Offer	Friday, 22 Dec 2023 to Wednesday, 27 Dec 2023	Accept/Reject course offer at https://www.ite.edu.sg/apply-for-ITE-courses School candidates who do not have a confirmed place in the DPP should report to their secondary schools on Tuesday, 2 Jan 2024 for Secondary 5
Application for PFP		
Application	Applications for the PFP will open in Jan 2024, on the day of the GCE O-Level Examinations results release.	Candidates eligible for the PFP will receive a copy of Form P on the same day, inviting them to apply for the PFP. School candidates interested in applying for the PFP should first report to their secondary schools in 2024 to start their Secondary 5 year, while awaiting notification of eligibility and confirmation of a place in the PFP.

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RESOURCES FOR STUDENTS

Additional Information For Students

Should you require further advice or assistance in your applications or future plans, please contact your teachers and ECG Counsellor.

For further inquiries, you may refer to the following hotlines and links for more information and advice on further education:

Institute of Technical Education (ITE)	
ITE Hotline (for ITE admissions and courses)	1800 2222 111 training@ite.edu.sg
Education and Career Guidance (ECG)	
ECG Centre @ MOE - online or phone counselling services from 11 to 22 Dec 2023 (Weekdays: 9am to 5pm)	6831 1420 MOE_ECG@moe.gov.sg e-Appointment: https://go.gov.sg/moe-ecg-centre

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RESOURCES FOR STUDENTS

Additional Information For Students

The information listed in the table below is on the range of education and career pathways available to you to make informed decisions about your next steps.

S/N	Information	Website
1	MOE's CourseFinder - offerings and courses in the polytechnics and ITE	https://www.moe.gov.sg/coursefinder
2	MySkillsFuture - on career and education pathways	https://go.gov.sg/mysfsec

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Indication of Post N Level Plans

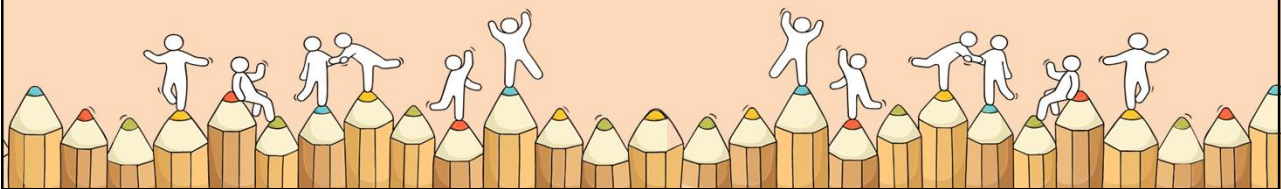
- ALL students should indicate your post-N-Level plans using the online form.
- **Deadline for submission: Thursday, 21 Dec 2023, 5pm.**



<https://go.gov.sg/gcenlevelplans>

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Post-Secondary Options



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Think about your opportunities

*Dream Big,
Stay Positive,
Work Hard,
And Enjoy the Journey!*



Remember that **everyone's learning journey is different** but **we can each have a fulfilling outcome!**

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No matter the circumstances, there is always a way forward.

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the N-Level is one part of your life journey and not the destination.

Do

- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision and take action based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

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Keep a lookout for some of these signs in your peers or yourself.

How can we support one another?



D

Deliberately avoiding others

I

Increased irritability, restlessness, agitation, stress and anxiety

S

Sending or posting moody messages on social media

T

Talking about death or dying

R

Reacting differently or gradually losing interest in things they used to like

E

Eating more than usual or having a much reduced appetite

S

Sleep pattern changes with difficulty falling asleep or oversleeping

S

Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your school counsellor or teacher**
Or contact SOS 24-hour hotline at **1800-221-4444**



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Supporting Your Friend

We may each experience different emotions upon receiving the results. You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



Keep a lookout for your friends in distress. You can support them in the following ways:

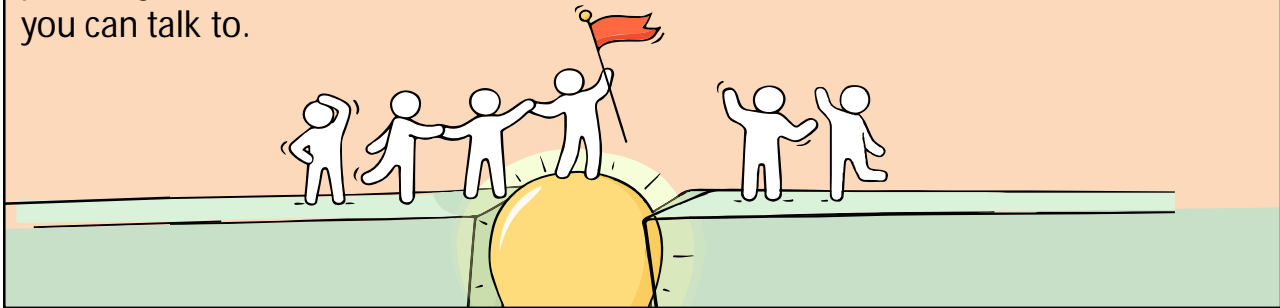


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Reaching out for help is a sign of strength, not weakness.

Is there someone we can speak with?

If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent/guardian, teacher, School Counsellor or a friend that you can talk to.



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Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms. Scan the QR code below for a helpful resource.



SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.
Call: **1767** (24-hour helpline)
Whatsapp: **9151 1767** (24-hour Care Text)

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *SCAPE, #05-05**
Call: **6493 6500/ 6501**
Email: **CHAT@mentalhealth.sg**

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and well-being. Find out more at: www.mindline.sg



TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800-377 2252**
Monday - Friday (Excluding Public Holidays):
9am - 6pm

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

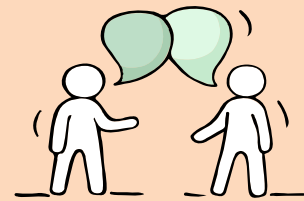
Chat with a counsellor at: www.ec2.sg
Monday - Friday (Excluding Public Holidays):
10am - 12pm & 2pm - 5pm

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Help is readily available for you. Reach out to an ECG Counsellor!

Make an appointment to speak with your ECG Counsellor in school.

Make an online or phone counselling appointment with the ECG Centre @ MOE (Grange Road) through <https://go.gov.sg/moe-ecg-centre>



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Support from ECG Counsellor

- ECG Counsellor Ms Pan is available for Zoom and in-person consultations on **18, 20 and 22 Dec.**
- You may speak with her at the ECG/SWO Room after receiving your results today.
- Book an appointment through the appointment link on the right, email (pan_miaohua@schools.gov.sg) or Telegram (@ECGC_Ms_Pan).
- Please wear your **school uniform** if you are coming back to school for your appointment.



<https://go.gov.sg/sjcecg>

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Thinking about Your Next Step?

Consider these questions!

Where do I want to go?

Who am I?



How Do I Get There?

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Resources to help you make informed decisions



About MySkillsFuture

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices. Use the information and tools to explore various education and career pathways, and take charge of your future.

MySkillsFuture Student Portal

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices.

Use the information and tools to explore various education and career pathways and take charge of your future.

Where can we find more information?

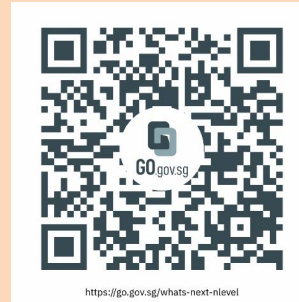




https://go.gov.sg/mySFsec

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Resources to help you make informed decisions



<https://go.gov.sg/whats-next-nlevel>

<https://go.gov.sg/whats-next-nlevel>

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Resources to help you make informed decisions

Post-Secondary Education

Learn more about the admissions exercises and programmes



<https://moe.gov.sg/post-secondary/admissions>

Learn more about the post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

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Resources to help you make informed decisions

Explore different jobs and industries with **On My Way (OMW)**.
Find out if your career goal and educational pathway match your interests, values
and ambitions. <https://www.nyc.gov.sg/omw/home>



KNOW IT ALL
provides consolidated
information about different
jobs and industries - key
responsibilities, skills, career
paths and more!



DAY IN THE LIFE
takes you into the lives of
different professionals and
give you a glimpse of their
jobs and what it entails
through the medium of
videos.



TASTER PROGRAMMES
are micro-experiences of different
job roles that allow you to get a
taste of working life and help you
decide what to study to achieve
your career aspirations!



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